

## Donating & Selling Household Items

### Why we care

Everything we buy requires natural resources and energy to make, package, ship, and discard. We save money and resources by ensuring that unwanted but still useful items are donated, sold, or repurposed, thereby diverting them from the landfill. And, letting go of unneeded items cluttering up our home can be very liberating!

### Simple, Positive Steps

#### Donating

- **Household items.** To learn where to donate, call Metro's Recycling Information Center, 503-234-3000. Thrift stores often have pickup services or donation stations, and different stores accept different items, so call three or four before giving up on questionable items like non-working large appliances, mattresses, and carpets.
- **Building materials.** Call the [Rebuilding Center](#), 503-331-1877, or [Habitat for Humanity ReStore](#), 503-287-9529.
- **Clothing.** The [Portland PTA Clothing Center](#) accepts children's clothing for needy students, [Mother and Child Education Center](#) is always in need of items for babies and young children, and [Dress for Success](#) accepts business clothing for women in need going on job interviews.
- **Odds and ends.** [S.C.R.A.P.](#), 503-294-0769, accepts all kinds of materials that schools and artists might use.

#### Selling/Donating Online

- [Freecycle Portland](#), [Craigslist](#), [Facebook Marketplace](#), [eBay](#), [Nextdoor.com](#), [Zero Waste PDX](#), [Buy Nothing group](#)

#### Resale

- **Garage sales.** Team up with neighbors to plan a garage sale. Keep prices low for quick sales.
- **Consignment shops** will sell your items and retain a percentage of the sale price. See [OregonLive's Business Finder](#).

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